

Where healing becomes heritage.

Our vision

A future where individuals and families have the support, skills, and sense of belonging to build lives of purpose, and where healing becomes a lasting family legacy.

Our mission

Family's Friend brings people together through nature-based retreats, practical life skills, family connection, and equine-assisted experiences, including therapy delivered by qualified licensed professionals. We help adults in recovery and veterans practice the routines, relationships, and next steps that support life beyond treatment.

Who we are

Family's Friend is a planned nature-based retreat and reintegration community for adults in recovery, veterans, and their chosen support networks. The program combines practical learning, meaningful connection, and a planned equine therapy pathway within a broader, continuing support system.

What guides us

- Dignity and choice. Meet people with respect; participation and personal disclosure are voluntary.
- Useful growth. Turn reflection into everyday skills and achievable next steps.
- Connection with boundaries. Welcome family and chosen community without requiring reconciliation.
- Care for people, horses, and land. Build safety, animal welfare, and responsible stewardship into the work.
- Honest stewardship. Communicate clearly, measure progress, and grow at a sustainable pace.

Spiritual reflection is optional and welcomes different beliefs. Equine therapy is provided only through appropriately licensed professionals and qualified equine partners; educational horse activities are described separately.

Family's Friend is planned as a retreat and reintegration program that complements ongoing care. It is not a detox service, emergency service, or replacement for medical or mental health treatment.

Development-stage vision | Benjamin Foskey | September 2026